



## HOW TO CONTACT US:

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## Core Landscape is blooming

The gardens are flourishing at Core Arts. In the Members' Garden, the flowers and shrubs planted last autumn and earlier this year are starting to spread their roots and establish themselves. The flowering climbers are beginning to cover the fencing along with the beautiful pre-existing roses. A lot of the new flowers are good for supporting wildlife including birds and butterflies. The birds love the new pond, particularly black birds, robins and wood pigeons.

Jon has been busy fixing the watering system so we can now collect the runoff from the roof in the garden and using solar power, pump the water through the hose-pipe. The solar panels on the roof capture enough energy to charge up all of the power tools as well.

The Roof Garden is an experiment in progress as to what will thrive in the much more exposed and drier conditions than in the members' garden. For many



Cucumber seedlings are coming along nicely.

people gardening on balconies, this is often the issue. The key thing is to grow tough plants that can tolerate wind and drying out, to try to create some buffers from the wind. It will be the first season for veg growing

up there and the plan is to grow beans, tomatoes, potatoes, spinach, kale, chard, garlic and strawberries – all things that you can grow easily in containers and small spaces. The birds love the roof garden too; wrens, Great Tits and Blue Tits regularly eat the fat balls and nuts (as do the squirrels!) There is also a fox that comes up the stairs to check it out.



The Core Arts rooftop garden

## Downloadable classes

For those of you who do not have the internet or only have a limited amount of data and can't get onto Vimeo or Zoom, we have tried to support you with weekly handouts and worksheets sent by post. If you would like to be on the mailing list during our closure, please make

sure you get in touch with your membership manager, if you haven't done so already. They are also available to download from the Core Arts website, [www.corearts.co.uk](http://www.corearts.co.uk). Some of the downloadable content is linked directly to the online Vimeo classes too, such as song lyrics for the

choir classes, so will even help those who can get online.



Handouts getting ready to be posted

# Members' Work...

Members are still keeping busy creatively and keeping up with their physical activity. We really do love hearing, reading and looking at what you have been doing. We have shared another new track by Kym in her Covid series, which again is a catchy number, as well as a live performance from Fola pre-lockdown, which was wonderful watching him sing. All can be found on our social media platforms. We have also had some beautiful crochet creations from Irina, with a collection that is growing by the day! Members have been working on a Covid project making boxes, but what's inside them I have been told will remain a secret until a later date. April also achieved her 35 mile Race At Your Pace award along with some other members who have joined her.



Lorraine making her Covid Project box



April achieved her 35 mile award



Crochet creation by Irina

## Getting social online

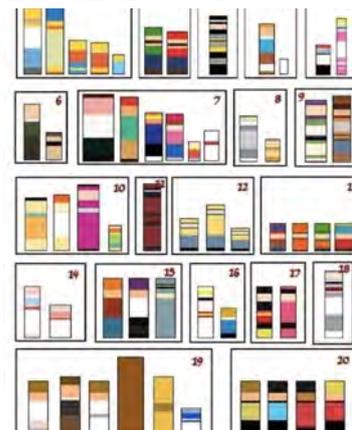
The community spirit is still alive at Core; WhatsApp groups so you can encourage, talk and share work with your peers, along with weekly Core Sport Zoom socials every Wednesday at midday, which have been a lot of fun with Gary still telling his jokes, Shifra playing the piano, general chit chat, and sharing of what everyone has been up to that week. Core is still holding Monthly Core Council meetings too, with our first virtual one being held on Thursday 23rd April 2020. Vimeo has a comment section on each video and is a great way to keep in contact with your tutors, who all love hearing your feedback and if you are enjoying the class. It is also a great way to give them ideas for future classes. Our evening events haven't been forgotten either, and we will be hosting a

virtual 'Pub Quiz' live on Friday 24th April 2020 @ 7pm on Zoom. Feel free to invite your friends and family members to join in, so you can compete against them. For those of you who cannot make it on Friday, a recording will be available on Vimeo next week, along with a postal handout for those who do not have access to the internet. Just make sure you have your pen and paper ready, along with a drink of your choice.

Friday 24th April 2020 at 7pm  
ZOOM ID: 246369523 Password: 996294



### Brain Teaser



Name the show from the character blocks

### Creative Corner

Grab your pots, pans and cooking utensils and create your own drum kit then give it your best Phil Collins impression to your favourite song. If you don't see yourself as a drummer, how about having a sing-a-long to one of your favourite songs or even check out the Core Arts Soundcloud and have a listen to some members' work!