

## These stories were compiled with the help of Homerton University Hospital, City & Hackney Clinical Commissioning Group & East London NHS Foundation Trust

**F**OURTEEN community groups have been awarded a share of £500,000 by the Council and the City and Hackney Clinical Commissioning Group (CCG) through a fund aimed at improving health and wellbeing in the area.

The community groups were asked to demonstrate how their projects could tackle some of the key health and wellbeing problems in the borough. This includes identifying people at risk of falls, improving health and wellbeing at work, supporting people to recover if they have had a life-changing illness or injury, and improving access to health and social care for homeless people and rough sleepers.

Volunteer ambulance team Hatzola Trust was awarded almost £40,000 to help parents, carers and families manage common illnesses closer to home. The aim of the project is to reduce the number of children admitted to hospital A&E with minor illnesses and injuries.

A spokesperson at Hatzola said: "In the next few months we hope to develop our vaccination awareness campaign and develop our 'help ourselves at home first' education in order to minimise unnecessary visits to GPs and A&E departments."

Social enterprise Renaisi was awarded almost £20,000 to tackle social



Social enterprise Renaisi, volunteer ambulance team Hatzola Trust and homeless charity Groundswell received a share of the £500,000 funding

## Healthier Hackney

Fourteen community groups were recommended to receive funding from the Healthier City and Hackney Fund

**We are on a mission to help people and places thrive by delivering employment and inclusion programmes**

isolation and connect people from Hackney's migrant communities.

A spokesperson said: "We are on a mission to help people and places thrive by delivering employment and inclusion programmes for those experiencing disadvantage."

Homeless charity Groundswell was given nearly £50,000 to help homeless people and rough

sleepers in Hackney access the right health and social care support, by pairing people with volunteers who have also experienced homelessness, and support them through appointments and health services.

Alongside the funding, the groups will also receive support from Council and health service officers to help them succeed and promote their achievements.

The Healthier City and Hackney Fund, thought to be the biggest of its kind in the country, is the second time the Council and the City and Hackney CCG have combined money for this kind of funding.

The next round of grant funding for projects that look to improve health and wellbeing in City and Hackney will open for applications in September.

### MORE INFO

For more information on the fund, visit: [www.hackney.gov.uk/healthier-city-andhackney-fund](http://www.hackney.gov.uk/healthier-city-andhackney-fund)

## Funding for posts to support Hackney's rough sleepers

**FUNDING** for five new posts to support rough sleepers in Hackney



has been secured by the Council as part of the Mayor's manifesto commitment to eliminate rough sleeping.

The Council successfully bid to the Ministry of Housing, Communities and Local Government's Rough Sleeping Initiative Fund for £350,000 to fund a rough sleeping

co-ordinator to oversee the work the Council and its partners do to support those on Hackney's streets.

It will also fund three outreach workers to engage and work with rough sleepers, supporting them into settled accommodation, and a mental health worker.

All five new roles will

work closely with local providers as part of the Hackney Homeless Partnership Board, whose members include the NHS, Citizens Advice Bureau, St Mungos, Shelter, the Hackney Winter Night Shelter and Thamesreach.

For more info on rough sleeping visit: [hackney.gov.uk/rough-sleeping](http://hackney.gov.uk/rough-sleeping)

## News in brief

### Derman's talking therapies

A CHARITY for the wellbeing of the Kurdish and Turkish communities is offering a free and dedicated 'talking therapies' service.

Derman's accredited Turkish-speaking therapists provide support from its offices in New North Road, Hoxton, and from GP practices across the area.

Nursel Tas, Derman's chief executive, said: "People come to us not just because we speak their language, but because we understand where they are coming from culturally, such as with their family and relationship issues." People usually see their therapist about once a week for between six and 12 weeks.

For more information, visit: [www.derman.org.uk](http://www.derman.org.uk); email: [talkingtherapies@derman.org.uk](mailto:talkingtherapies@derman.org.uk); or call: 020 7613 5944.

### Core Sport mental health award

A HACKNEY charity has scooped a prestigious award for using sport to help those with mental health issues across the capital.

Core Sport offers a range of exercise classes, alongside a weight management programme and health checks. Its work was applauded at the Community Sport and Recreation Awards on 15 March, when it was presented with the Mental Health award by the Earl of Wessex. Laura-Jane Connolly, inclusive sports development manager at Core Sport, said: "Core Sport has had an impact for over 1,800 adults with severe and enduring mental health needs in London in the four years it has been running. It has been vital for many in their recovery, leading to a better quality of life."

For more information on Core Sport, visit: [www.corearts.co.uk/core-sport](http://www.corearts.co.uk/core-sport)



Core Sport team with the Earl of Wessex

### Health volunteers wanted

HEALTHWATCH Hackney is looking for volunteers with a passion for improving the health and wellbeing of others to ensure residents' voices are heard in decisions about activities and services.

Volunteers will work with the Council, the Clinical Commissioning Group, Homerton hospital and other health and care partners, as well as service managers and clinicians. The role will focus on 'prevention', providing City and Hackney residents with the tools, support and opportunities to live healthier lives.

They will play an important role in shaping decisions on how local activities and services are delivered, and helping organisations better connect with communities and individuals. Volunteers will be given training and expenses for travel, childcare and carers costs.

For more information, visit: [bit.ly/2UFP23S](http://bit.ly/2UFP23S); email: [info@healthwatchhackney.co.uk](mailto:info@healthwatchhackney.co.uk); or call: 020 3960 7454.