

# Referral for core sports



**Core Sports is an inclusive sports programme for persons wishing to engage with healthy activities and goal setting to support their mental health and wellbeing.**

## Client details

Name:	
DOB:	Tel:
Ethnicity:	Gender:
Address:	
GP & Surgery :	
Consent to liaise with GP / HCA directly	
Client signature:	Date:

This can be signed at a later date

**We have specific contracts for the following client groups (please tick if relevant):**

Mental health diagnosis on GP practice SMI QOF register  
(City & Hackney resident)

Over 50s risk of social isolation (City & Hackney resident)

Mental health diagnosis (not on SMI QOF register)

Non City & Hackney resident

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All referrals are assessed on an individual basis at the manager's discretion regarding suitability of access.

# Referral for core sports



## Referrer details

Name:	
Organisation	
Email:	Tel:
Address:	

## Referral type

- GP
- Primary care HCA
- Secondary care HCA

Any additional patient details you believe we should be aware of (please refer to additional guidance notes):

## Sign off:

**I confirm that there are no contra-indications to this person participating in physical exercise**

GP

Care Coordinator

Name:

Date:

Please send the completed form to [Laura.Connolly7@nhs.net](mailto:Laura.Connolly7@nhs.net)

Core Sport is a branch of the award-winning mental health charity Core Arts in Hackney.

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charity no: 1043588 | company no: 2985939



[www.corearts.co.uk](http://www.corearts.co.uk)