**PRESS RELEASE** 

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## Innovative Community Garden in Whitechapel wins 3 more awards



Core Landscapes community garden and plant nursery are celebrating their TRIPLE AWARD WINNING status in this years London in Bloom 2018 competitions, receiving "OUTSTANDING" /top Level 5 for 'It's Your Neighbourhood Award" GOLD in the "London in Bloom" award and OVERALL WINNER for "Our Community Award" 2018

Core Landscapes transforms meanwhile sites to promote positive mental health for all. It has only been at the current site in Whitechapel for little over a year after relocating from Canning Town last August. The garden, including a pond and orchard, is all container-grown cleverly designed to withstand moves. Now situated next to the Royal London Hospital it has become a quiet retreat for many of the hospital staff, visitors and patients as well as serving the local community with a wide range of home grown plants from their nursery.

"I visited Core Landscapes in Canning Town and was blown away by what they had achieved there, but this is even more impressive - Core Landscapes meanwhile garden is nothing short of miraculous. The transformation of what was bare derelict land is truly amazing..." Lois Amos London in Bloom Judge

Core Landscape staff engage with numerous supporters and volunteers annually that has enabled the garden to become a showcase for container growing on a large scale.

promoting positive mental health

"A massive thank you to the 2,000+ people who make up this project - the community volunteers, Core Arts members, visitors, supporters + friends and to our corporate volunteers. A testament to how much a little bit of previously unu space in the heart of London can touch so many people. Nemone Mercer Core Landscapes manager

The London in Bloom judge will be following the garden with interest: "It is tremendously exciting to see this project growing and tackling challenges so well, viewing them as opportunities for change, developing and being inventive. The proximity to the Hospital and Museum of Medicine will create even more opportunities and make the work you are all doing even more valuable. I will follow your progress with great interest." Lois Amos London in Bloom Judge

Core Landscapes is a social enterprise of the Core Arts mental health charity, based in Hackney. People are referred to the project by health and social care clinicians. They learn about horticulture and give something back to the local community and by doing so they improve their own mental and physical health.

Core Landscapes' dedicated staff deliver workshops and facilitate gardening sessions throughout the year. The site is open to the general public and for plant sales on Tuesdays and Thursdays from 10-4pm. All Welcome.

## Core Landscapes: Stepney Way, off Turner Street, Whitechapel E1 2JL.

www.core-landscapes.co.uk

Follow on Facebook @communitymeanwhilegarden



For further information about Core Landscapes or Core Arts contact: nmercer@corearts.co.uk mob: 07585 770 868 Core Landscapes is a project of Core Arts – an award-winning mental health charity in Hackney, London. Tel: 020 8533 3500. www.corearts.co.uk Charity no: 1043588

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