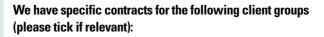
# Referral for core sports

### Core Sports is an inclusive sports programme for persons wishing to engage with healthy activities and goal setting to support their mental health and wellbeing.

coresport:

Name:				
NHS Nur	mber:			
Patient u	inder Sec	ondary Ment	al Health Care (ELF	T)
Yes	No	Specify:		
EPC/Neig	ghbourho	ods		
Yes	No	Specify:		
DOB:			Tel:	
Ethnicity	:		Gender:	
LGBTQIA			Yes	No
Address:			165	
			165	
Address:	9:			
Address: GP Name	9:			
Address: GP Name GP & Su	e: rgery:	ise with GP ,	/ HCA directly	
Address: GP Name GP & Sur Cons	e: rgery:			
Address: GP Name GP & Sur Cons	e: rgery: sent to lia rgery ema			

# Referral for core sports



Mental health diagnosis on GP practice SMI QOF register (City & Hackney resident)

Mental health diagnosis (not on SMI QOF register)

Non City & Hackney resident

All referrals are assessed on an individual basis at the manager's discretion regarding suitability of access.

#### **Referrer details**

Name:					
Organisation					
Email:	Tel:				
Address:					
Referral type					
GP					
Primary care HCA					
Secondary care HCA					
Most recent health check date:					
SMI health check	Yes	No			

Core Sport is a branch of the award-winning mental health charity Core Arts in Hackney.

1 St Barnabas Terrace, London E9 6DJ www.facebook.com/coreartshackney | tel: 020 8533 3500 charity no: 1043588 | company no: 2985939



oresport

corearts.co.uk





MH diagnosis:

Any additional patient details you believe we should be aware of:

High BMI High BP Diabetes Other (specify):

Sign off: I certify that I know no reason why the patient should not be fit to participate in these range of physical exercise and health based activities:

GΡ

Care Coordinator

Name:

Date:

Please send the completed form to Emily.Cubitt@nhs.net

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# Referral for core sports

### **Core Arts Online Membership**

As part of the Covid-19 response and new Core Arts Digital Inclusion Project we are able to offer referred clients who are on the Severe Mental Illness (SMI\*)/Personality Disorder register additional online creative activities to support their mental health and wellbeing during this time.

- Core Arts online membership: 10+ weekly live activities via Zoom covering all aspects of the creative arts including downloadable handouts as well as access to Core Sport online.
- Access to 600+ Vimeos made by artists and musicians to support learning techniques in Art, music, multimedia and Horticulture (as well as sports/health) to watch at anytime.
- Monthly Club Core Gigs (with opportunities to perform if wanted) and Quiz nights.
- Support to 'get connected' digitally via PHB smartphones and data packages.
- Core Sports is able to set up Patient Knows Best (PKB) and supply fit bits via the Core sport programme. This referral offered additional support to access PKB including 1:1 digital support sessions to be able to use them effectively and confidently.

\*SMI register includes diagnosis of schizophrenia, bipolar, psychosis or takes an antipsychotic as part of their prescribed medication (this register is held by/reviewed by GP).

### Would you like your referee to be offered this additional Digital Inclusion support and online membership as part of you referral?

Yes

No

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