

Referral for core sports



Core Sports is an inclusive sports programme for persons wishing to engage with healthy activities and goal setting to support their mental health and wellbeing.

Client details

Name:	
NHS Number:	
Patient under Secondary Mental Health Care (ELFT) Yes No Specify:	
EPC/Neighbourhoods Yes No Specify:	
DOB:	Tel:
Ethnicity:	Gender:
LGBTQIA+	Yes No
Address:	
GP Name:	
GP & Surgery:	
Consent to liaise with GP / HCA directly	
GP & Surgery email*:	
<small>*Field required</small>	
Client signature:	Date:

This can be signed at a later date

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We have specific contracts for the following client groups (please tick if relevant):

Mental health diagnosis on GP practice SMI QOF register
(City & Hackney resident)

Mental health diagnosis (not on SMI QOF register)

Non City & Hackney resident

All referrals are assessed on an individual basis at the manager's discretion regarding suitability of access.

Referrer details

Name:	
Organisation	
Email:	Tel:
Address:	

Referral type

GP

Primary care HCA

Secondary care HCA

Most recent health check date:

SMI health check

Yes

No

Core Sport is a branch of the award-winning mental health charity
Core Arts in Hackney.

1 St Barnabas Terrace, London E9 6DJ

www.facebook.com/coreartshackney | tel: 020 8533 3500

charity no: 1043588 | company no: 2985939



corearts.co.uk

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MH diagnosis:

Any additional patient details you believe we should be aware of:

High BMI

High BP

Diabetes

Other (specify):

Sign off:

I certify that I know no reason why the patient should not be fit to participate in these range of physical exercise and health based activities:

GP

Care Coordinator

Name:

Date:

Please send the completed form to Emily.Cubitt@nhs.net

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Core Arts Online Membership

As part of the Covid-19 response and new Core Arts Digital Inclusion Project we are able to offer referred clients who are on the Severe Mental Illness (SMI*)/Personality Disorder register additional online creative activities to support their mental health and wellbeing during this time.

- Core Arts online membership: 10+ weekly live activities via Zoom covering all aspects of the creative arts including downloadable handouts as well as access to Core Sport online.
- Access to 600+ Vimeos made by artists and musicians to support learning techniques in Art, music, multimedia and Horticulture (as well as sports/health) to watch at anytime.
- Monthly Club Core Gigs (with opportunities to perform if wanted) and Quiz nights.
- Support to 'get connected' digitally via PHB smartphones and data packages.
- Core Sports is able to set up Patient Knows Best (PKB) and supply fit bits via the Core sport programme. This referral offered additional support to access PKB including 1:1 digital support sessions to be able to use them effectively and confidently.

*SMI register includes diagnosis of schizophrenia, bipolar, psychosis or takes an antipsychotic as part of their prescribed medication (this register is held by/reviewed by GP).

Would you like your referee to be offered this additional Digital Inclusion support and online membership as part of you referral?

Yes

No

