Beyond the Margins

Poetry with Louisa

Wednesdays 2-3pm on Zoom

Check-in/Warm Up

- Describe your week in the following terms:
- 1. the colour you associate with it: e.g. azure, greys, magenta, yellows...
- 2. the smell you associate with it: e.g. fresh cut grass, rain on tarmac, coffee...
- 3. the **sounds** of your week: e.g. sirens, humming, birdsong,
- 4. the **texture** of your week: e.g. rough, smooth, bumpy, bristly, silky...
- 5. an object that is relevant to your week: e.g. mug, train, bath, umbrella...
- Now...write a short poem using each word used above in any form you like. Remember poems don't have to rhyme!

Prompt One My Bubble

- The government recently announced that we are allowed to have a support bubble in which we can spend time with one other household. Think about who, in an ideal world, would you have in your support bubble if you could choose anyone – dead or alive?
- Why would you choose this person?
- What would you do together?
- How do you feel thinking about this person?
- Now...write a poem or scene in which you meet the person/people who make up your ideal support bubble, be as descriptive as possible about what you did together, how it felt, your surroundings use as many senses as possible.

Prompt Two Wildlife Facts!

- A shrimp's heart is in its head
- Snails can sleep for 3 years
- If you stroke a frog's stomach you can put it into a trance
- Dragonflies play dead when females want to see off a male!
- Dolphins have names: each dolphin has a unique sound used by other dolphins to identify them
- Penguins propose with pebbles
- A blue whale's heart can weigh more than a car
- Now...write a poem or descriptive piece about one of these facts.

Prompt Three Toni Morrison

- All water has a perfect memory and is forever trying to get back to where it was.
- If there is a book that you want to read, but it hasn't been written yet, you must be the one to write it.
- You are your best thing
- Anger is better. There is a sense of being in anger. A reality and presence. An awareness of worth. It is a lovely surging
- Anything dead coming back to life hurts
- Now...choose a quote and write a poem about what it means to you, what does it make you think/feel, what images does it conjure?

Prompt Four Jean-Michel Basquiat

- Lived: December 22, 1960 August 12, 1988, was an American artist of Haitian and Puerto Rican descent whose art focused on dichotomies such as wealth versus poverty, integration versus segregation, and inner versus outer experience.
- See the painting on the next page: what do you make of it?
- What does the painting make you feel?
- What does it mean TO YOU?
- Write a poem or prose about what you see, what it means (to you there's no wrong answer), and the feelings it evokes.

Painting

