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## Club Core Gig - Live!

Yesterday we had Core's first ever virtual Club Core gig. It was a Pride celebration event to mark the end of Pride month. The evening was filled with colour, talent and friendly faces, which was so lovely to see. It really was so heart warming to see so many of you there; tutors, members, friends, family and loyal followers of Core too. The night brilliantly compered by our very own unicorned Lolly, who treated us all to a couple of brilliant performances. The night ran smoothly without any unfixable hiccups — all those fingers being crossed seemed to work! We enjoyed beautiful acapella presentations by Fola and Alex. John, Cat and Henry Hendricks rocked the night away with brilliant guitar performances — we even got two Henry's for the price of one! Kym gave us all earworm with two great anthems, with a colourful, glittery outfit and stage set-up that was fit for Wembley! Our budding poets filled the audience with thought, feeling and empathy, which were all perfectly delivered by Louisa, Mandy and Alex. Natasha treated us to a soulful bluesy number accompanied by the piano and Nemo treated us to 'Hey Jude' on

the keyboards. Tutors were brilliant too and was so good to see so many of them perform, having work so hard bringing Core online with live classes, pre-recorded classes and handouts. Joe kicked off the night with his guitar ensembles. Dushka showed off her many multitasking talents, by singing, playing guitar and not forgetting the genius foot tamberine. Natalie rocked the Pride flag eye-shadow and Helen showcased her amazing singing and drum playing skills too. During the second half we were treated to Paul's amazing voice and guitar playing in a great studio set-up. This was followed by a duet performance by Mickey and Vera, who were awesome. AJ brought back his guitar face for two brilliant numbers and Ali Hollywood gave us a stunning performance inspired by Lady Gaga and looked fabulous even with stockings on her ears. Music in our underpants, our very own Colin and partner, Kieran, put on one hell of a performance, which got everyone up on their feet dancing and grinning from ear to ear. It was a really brilliant night and was such a fantastic opportunity

to showcase all the wonderful talent we have here at Core. We have missed you all loads and are all so proud of each and every one of you. In true Core style the audience was amazing; so supportive and danced the night away. We once again felt the Core Love in the virtual room. We will definitely be doing another online gig soon, so make sure you get practicing for the next one and if you want to get involved do let your membership manager know.



## Core Landscape Update

The roof garden and members' garden have been enjoying the mixture of heat and rain over the past few weeks and getting established beautifully. Food growing is happening in both gardens and there seems to be quite a big snail population on the roof eating the courgette and bean plants! But the tomatoes and potatoes on the roof love it up there and are doing really well — they will be ready to harvest later in the season. The new little pond in the members' garden is

full of tadpoles that will give the garden a great new frog population later this year. Blue tits have been nesting in the box again this year and all the birds have been drinking from the pond too. Core Landscapes is looking forward to being able to give garden visits later in the season. In the meantime don't forget to check out all the gardening videos on Vimeo for ideas and info on gardening at home, on a window-sill or indoors. If you have any requests

for new films let Nemone know by email at [amercer@corearts.co.uk](mailto:amercer@corearts.co.uk) Happy Gardening everyone!



Core Landscape Roof Garden

# Members' Work...

The last two weeks have seen an increase of work-sharing; there isn't enough room in our newsletter to cover it all. However you can view them all on our Facebook and Instagram pages. The level of work you have all created at home during lockdown has been outstanding, with the unveiling of some hidden talents too. We love seeing every single piece that you share. This week I have picked a few pieces to showcase, such as the beautiful dog portrait by one of our Core Sport members. Ellen produced a stunning observational sketch in one of Noel's live classes, which is absolutely fantastic. Sally has been keeping super busy with her mesmerising pieces called 'Hunt the Quark' and 'Arnion' which are so colourful and eye-catching. It has also been nice to see members engage in activities they wouldn't usually do at Core and we have noticed a few green-fingered members, creating their own gardens at home - on their balconies and window-sills, such our Core Sport member volunteer, Gary.



Dog portrait by a Core Sport Member



Observational Sketch by Ellen



Gary's Balcony Garden



'Arnion' by Sally

## New Additions Update

A new radio station has launched in Hackney by Immediate Theatre. Their main aim is to outreach and bring people together, especially older people in the borough who may feel isolated and may not have the means or access to the internet. Laura from Core Sport was interviewed last week and even delivered an on-air exercise class to keep you all healthy and active even without the internet or even leaving the comfort of your chair, which aired on Wednesday 1st July. You can tune in every Wednesday at 11am on Resonance FM - 104.4FM with packed shows full of information, advice, interviews and music requests - so make sure you send in yours. Core will also be bringing you a new addition to the live creative timetable with a poetry class led by Louisa on Zoom from Wednesday 8th July at 2pm. This will be a great addition to the timetable, so make sure you bring your pens, papers and creative ideas to the class. We can't wait to see what you come up with and of

course seeing all your faces in the live class too. Also, don't forget we have changed the way you access the pre-recorded videos on Vimeo. You can now access through our website [www.corearts.co.uk](http://www.corearts.co.uk). If you need any help or assistance do contact your membership manager who will be happy to help you get online and involved. If you have any feedback, comments or suggestions, which are always greatly welcomed, do pass them on to us too.

A NEW WEEKLY RADIO PROGRAMME FOR THE YOUNG AT HEART

Join us on Wednesdays 11-12 on RESONANCE 104.4FM

- ★ Music requests & audience phone-ins
- ★ Stories from the community
- ★ Special features from local artists
- ★ Interviews & advice from experts
- ★ Regular, up-to-date information about where to access help & support

Got a request or an idea for a feature? Contact us on 0207 923 8362 or email [hsr@immediate-theatre.com](mailto:hsr@immediate-theatre.com)

or more information visit: [www.immediate-theatre.com/work/hackney-social-radio](http://www.immediate-theatre.com/work/hackney-social-radio)

RESONANCE 104.4FM



## Brain Teaser



Name the movie from the emoji

## Creative Corner

To get ready for our new live class addition write a poem about Core and what it means to you. Don't forget to share it with your membership manager too.