

Self-Portrait class

Hi there, this is Odette :) Now it is my turn to give the class. Hope you are well and using your time for making art ☺
I will continue with the self-portrait class.

You will need:

- **Something to draw:** Graphite, charcoal and eraser.
- **Something to draw or paint on:** Any paper will do :-)
- **A mirror:** to look at your own reflection

Lets get started!

Warm ups:

Remember: This are just warm-up exercises, so the outcome is not important. What it is important is the process and that you enjoy what you are doing.

You have **10 minutes** for each exercise and we will use graphite for all the warm-up exercises.

- **‘Wrong Hand’ warm up:** Use the hand you don’t normally draw with. This exercise helps you to connect with the right part of your brain. The creativity part.
- **Do a ‘blind’ drawing:** look only at the photo and not at your paper. No cheating!
- **Draw the portrait with horizontal and vertical lines:** As if you are trying to depict the surface of your face as it is seen in a 3D computer screen. **Draw the net of your face.** Here is an example of what I am meaning:



Now is time to have a break and maybe have a nice cup of tea to reward yourself before....

The long pose:

- **Look carefully at the mirror and start depicting yourself.** You can take as long as you like, but on this occasion I want you to use charcoal. Push hard the charcoal in areas that are dark and with your fingers blur some of the areas and draw again on top of it. Then with the eraser create highlights.

Here is an example:



- **Have fun and experiment!** I look forward to seeing what you create :-)

See you soon! Take care
Odette