

# TUESDAY

# WEDNESDAY

# THURSDAY

art		art		art	
10am-12pm	Open Art Studio <a href="#">Art Studio*</a>	10am-11pm	Open Art Studio <a href="#">Art Studio*</a>	10am-1pm	Ceramics - Throwing <a href="#">Pottery room - outside +</a>
11am-2pm 3.30-6.30pm	Introduction to Art <a href="#">Art Studio +</a>	10-11am	Portfolio Development <a href="#">Art Studio</a>	11am-1pm	Botanical Drawing <a href="#">Art Studio*</a>
2-5pm	Life Drawing <a href="#">Hall +</a>	11am -1pm	Oil Painting Techniques <a href="#">Art Studio</a>	11.30am-1.30pm	Casting <a href="#">Art Studio</a>
11am-2pm 3.30-6.30pm	Developing Art Practice <a href="#">Art Studio</a>	2-5pm	Oil Painting (individual work) <a href="#">Art Studio</a>	2-5pm	Ceramics - Hand Building <a href="#">Art Studio +</a>
		2-5pm	Themed Collaborative Projects <a href="#">Art Studio</a>	5-6.30pm	Ceramics - Individual Work <a href="#">Art Studio*</a>
music		music		music	
10am-12pm	Open Studio <a href="#">Studio 1</a>	10-1pm	Band Rehearsals <a href="#">Studio 1</a>	10-11.30am	Open Studio <a href="#">Studio 1</a>
11am-1pm	Introduction to Music Skills <a href="#">Hall +</a>	10am-5pm	MIDI <a href="#">Midi Suite*</a>	11.30am-1.30pm	Furthering Song Ideas <a href="#">Studio 1</a>
11.30-1.30pm	Blues & Roots Collaborative Music <a href="#">Studio 1</a>	11am-12.30pm	Bass One-on-One <a href="#">Green Room/Studio2*</a>	1.30-4.30	Kit Drumming <a href="#">Studio 2</a>
2.30-4.30pm	Global Rock <a href="#">Studio 1</a>	1.30-3pm	Women's Singing Group <a href="#">Pink Room*</a>	2.30-4.30pm	Exploring Songs <a href="#">Studio 1</a>
2-4pm	MIDI <a href="#">MIDI Suite*</a>	2-3.30pm	Guitar Intermediate <a href="#">Hall +</a>	2-4pm	MIDI <a href="#">MIDI Suite*</a>
2-4.30pm	Keyboard <a href="#">Pink Room</a>	3.30-5pm	Guitar Advanced <a href="#">Hall +</a>	2-4pm	Popular Singing* <a href="#">Green Room</a>
5.30-6.45pm	Core All Star Jam <a href="#">Studio 1/Hall</a>	2-5pm	Open Jam <a href="#">Studio 1</a>	5.30-6.30pm	Open Jam <a href="#">Studio 1</a>
		2.30-3.45pm	Music Technology (Logic) Beginners		
		3.45-5pm	Music Technology (Logic) Intermediate		
multimedia		multimedia		multimedia	
9.30am-4pm	Horticulture <a href="#">Canning Town Nursery (by mini bus)</a>	10am-12pm	Open Access <a href="#">ICT suite</a>	10am-1pm	Open Access <a href="#">ICT suite*</a>
10-2pm	Open Access <a href="#">ICT suite*</a>	11am-3pm	Soundtracks for Films <a href="#">ICT suite*</a>	1.30-3.30pm	Introduction to Computer Skills <a href="#">ICT suite +</a>
3-5pm	Creative Computing <a href="#">ICT Suite</a>	3-5pm	Poetry and Creative Writing <a href="#">Pink Room</a>	4-6pm	Creative Computing <a href="#">ICT Suite</a>
				2.30-5pm	Horticulture <a href="#">Core Garden</a>
				5.15-6.45pm	Performance Skills One:One <a href="#">Pink Room</a>

# FRIDAY

art	opening times
10am-1.30pm	Printmaking <a href="#">Art Studio</a>
11am-1pm	Open Art Studio <a href="#">Art Studio</a>
12-2pm	Textiles <a href="#">Hall</a>
1.30-4.30pm	Portrait Class <a href="#">Art Studio*</a>
2.30-5pm	Printmaking <a href="#">Art Studio +</a>
music	terms
10am-1pm	Songwriting <a href="#">Studio 1 +</a>
2-5pm	Easy Jam <a href="#">Studio 1</a>
11am-5pm	MIDI <a href="#">Midi Suite**</a>
2.30-3.45pm	Music Technology (Logic) Beginners <a href="#">ICT Suite</a>
3.45-5pm	Music Technology (Logic) Intermediate <a href="#">ICT Suite</a>
multimedia	
10.30am-12.30pm	Creative Computing <a href="#">ICT Suite</a>
12.30-2.30pm	Open Access* <a href="#">ICT Suite</a>
2-4pm	Photography* <a href="#">Pink Room or on location</a>

SPRING TERM 2012	
OPEN	Tues 3 January
CLOSED FOR HALF-TERM	Thurs 16 and Fri 17 February
LAST DAY	Wed 4 April
SUMMER TERM 2012	
OPEN	Thurs 12 April
CLOSED FOR HALF-TERM	Tue 5 and Wed 6 June
LAST DAY	Fri 27 July



# timetable 2012

## Horticulture

Core Arts offers members training, work experience and volunteering opportunities in horticulture through its social enterprise Core Landscapes. Currently they run maintenance, landscaping and growing projects.



\* Volunteer Supported  
+ Funded by the Learning Trust



core arts exists to promote the artistic and creative abilities of people who experience severe and enduring mental health issues.  
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email: mail@corearts.co.uk www.corearts.co.uk • www.myspace.com/corearts • charity no: 1043588



## ART

### Botanical Drawing - Sarah Hayward

The tutor will lead you through the techniques needed to draw, paint and sketch different plants and flowers. Through this session you will be able to develop your artistic skills and work with a skilled artist.

Art Studio

### Casting - Massimo Nuzzolo

Mankind has been working with beeswax for thousands of years! Discover its versatility by creating your own mould and sculpture. Members have the opportunity to create objects in bronze or resin. Starting with wax, absolute beginners can quickly learn to create organic and sophisticated shapes. Experience the casting process to create small sculpture and jewellery items such as pendants, brooches and belt buckles.

### Ceramics - Hand Building - Rebecca Cresswell

This is a session for beginners to advanced artists who want to work with different forms of ceramic clay to create ornaments, sculpture, plates, bowls and much more!

Art Studio

### Ceramics - Individual Work - Volunteer Supported

Members can develop their own pieces with support from a volunteer.

Art Studio

### Ceramics - Throwing - Rebecca Cresswell

A chance to experiment on the throwing wheels with ceramic clay to create pots, plates and bowls. This session is for people with some previous experience in ceramics.

Pottery room - outside

### Developing Art Practice - Helen Bridges

In this session you will be able to examine your own art skills more closely and identify what you would like to work on through special themed projects.

Art Studio

### Introduction to Art - Helen Bridges

This session will introduce you to the basics of all the art mediums and help you begin to develop your skills as an artist. You must come here first if you're new to Core Arts.

Art Studio

### Life Drawing - Dan McDermott

This introduces the participants to working with the human form through different art mediums and techniques. This is a class for all levels of participant.

Hall

### Oil Painting (individual work) - Volunteer supported

In this session you can develop your own personal practice and pieces, which will focus your skill in oil painting. You will be assisted by a volunteer and tutor in your work if required.

Art Studio

### Oil Painting Techniques - Sadie Murdoch

In this session the tutor will lead you through the history and forms of oil painting. You will learn how to use the materials and tools to be able to use oils to respond to still life, transcriptions and portraiture. This class is open to all levels

Art Studio

### Open Art Studio - Volunteer supported

An open studio session where members can work on developing their own art pieces with support from volunteers.

Art Studio

### Personal Practice - Sadie Murdoch

If you have already started to develop your practice as an artist this space will help you build your portfolio and identify what you can do to improve your skills and expand your potential to work as a professional artist.

Art Studio

### Portrait Class - Dan McDermott

This class will develop your skills in portraiture through different art media. Focusing on a different model every few weeks you will learn how to produce a piece of art based on the sitting.

Art Studio

### Printmaking - Ryan McClelland

This session aims to develop the creative potential of each student through encouraging experimentation and improvisation, to advance the practise and understanding of all forms and combinations of print media.

Art Studio

### Textiles - Maia Kruger

This session aims to develop your creative art skills using different textiles and art mediums. You will learn skills ranging from printmaking, sewing to knitting and will end up with pieces of work you can use or display.

Hall

### Themed Art Projects - Sadie Murdoch

This class will explore themes, issues and stories through different art mediums. This is a class for all levels to advance their art practice and think outside the box!

Art Studio

## MUSIC

### Band rehearsals - Craig Shaw

Come and play with other members, supporting each other in your development as a musician and performer. This is a space to fine tune some songs ready for performance or maybe a recording.

### Bass One-on-One - Volunteer Supported

A small group session teaching beginners and intermediates bass guitar skills, which will enable them to work in the studio with other musicians.

Green Room

### Blues, Gospel and Roots Music - Craig Shaw and Chris Greene

Come play, listen and explore the Blues & related Roots music and beyond with other members and volunteers. You can work towards performing at events or recording in this session.

"A tune a day drives the Blues away" Dr. Blues.

Studio 1

### Core All Star Jam - Craig Shaw and Chris Greene

An open jam session for everyone to come and have a go!

Studio 1

### Easy Jam - Gareth Mitchell

An easy going jam to end the week, come and join in and relax with other like-minded musicians in a mellow music session.

Studio 1

### Events - Pete Bennett

In this session members will work with staff to prepare and rehearse for internal and external events and gigs. (Not every week)

Hall or Pink Room

### Exploring songs - Lorraine Hayward + Craig Shaw

This session in the studio will help you explore songs other professional musicians have written. These will be explored through rehearsal and jamming helping you improve your ability to write and play songs with other musicians.

Studio 1

### Furthering Song Ideas - Lorraine Hayward

Drop in and bring your own tunes and work on them to create a hit song! The tutor and volunteer will help you rehearse and perform with other members

Studio 1

### Guitar Intermediate and Advanced - Chris Cook

This is a group class where you can start as a beginner and develop your skills as a guitarist, alternatively if you are more advanced, come and have a jam, we explore a different song every week!

Hall

### Introduction to Music Skills - Robbie Knight

Introduction to music through song, percussion and keyboard - first point of contact if you're new to the Core Arts music department you must come to this class first to progress to other sessions

Hall

### Keyboard - Robbie Knight

One on one keyboard lessons for beginners and intermediates, preparing to work with others in the studio jam sessions

Pink Room

### Kit Drumming - Paul Brett

One on one kit drumming lessons for beginners and intermediates to progress to playing in a band

Studio 2

### MIDI - Volunteer supported

In this session you can work on your own or with a volunteer in the MIDI suite to record and produce your own tracks. Look at the sheet on the MIDI room door for time slots N.B. you must have attended Music Technology to use this facility

MIDI Suite

### Music Technology - Jono Trott

Produce and compose your own music using Logic on the computers in the ICT suite. This will enable you to use the MIDI suite to fine tune your own compositions.

ICT Suite

### Open Jam - Lorraine Hayward + Craig Shaw

An open session for members to drop in and play with each other and experienced musicians, come along and have some fun making music with other like minded souls!

Studio 1

### Open Studio Jam - Volunteer supported

An open studio session where you can join other members, drop by and play midi instruments together

Studio 1

### Personal Practice - Gareth Mitchell

Come and rehearse your own music and get some feedback from an experienced musician.

Studio 1

### Popular Singing - Gary Felts

Do you enjoy singing? Do you want to learn some new tunes? This is a relaxed session where you can sing your heart out with other members and volunteers.

Green Room

### Rock 2 Hip-Hop Beyond... - Craig Shaw

A mix of musical styles for Rappers/Singers and Musicians to put their choice of ingredients in this musical melting pot!

Studio 1

### Songwriting - Gareth Mitchell

In this session you can learn how to construct and write music as well as write lyrics for your songs. You will also have an opportunity to experiment with creating sound scapes and instillations.

Studio 1 or the hall

## CORE EVENTS

As well as the classes and workshops outlined in the current timetable be sure to look out for any new workshops that may be running or changes to the usual schedule. These are posted on notice boards around the building and are announced at the Core Council meetings. Events include:

- Gigs and events at Core every 1st Friday of the month
- Crazy Catz + Dogs Club
- Film Club, every 2nd Thursday of the month
- Cinema Club, trips to the IMAX and local cinema
- Trips to galleries and museums
- + much much more



We run tours of the centre once a week please contact [esmith@corearts.co.uk](mailto:esmith@corearts.co.uk) to book a place on the tour or phone 020 8533 3500.

## CREATIVE WRITING & MULTI-MEDIA

### Creative Computing - Kim Bennett & Kate Forrest

A session to develop your skills to become more proficient on the computer This includes techniques in image making, blogging, uploading your work online or setting up email/social networking accounts. It is also a space you can learn how to use office tools on the computer efficiently.

ICT Suite

### Digital Publishing - Beyonder

Do you have something to say and want to share it with others? Perhaps art work which needs up loading to a website, or poems you want to post onto facebook? This session will help you begin to explore these possibilities.

Pink Room and ICT suite

### Film-making - Tom Hope

Learn how to make films and videos, using basic editing and film making techniques!

Pink Room and ICT suite

### Introduction to Computer Skills - Kate Forrest

This is a compulsory class for people who haven't used a computer before and want to learn how! This class will show you the basics so that you can move onto more advanced classes in computing or use your skills in digital publishing or music.

ICT suite

### Open Access - Volunteer Supported

The ICT room will be open for members to drop in and work on their own projects. N.B. This is the only space where people can surf the internet and listen to music on the computer, this does not happen in scheduled classes.

### Photography - Dinah Kenyon

Through discussion and practise we will explore different aspects of photography, from technical skills to creative self-expression. While mainly digital, there will also be some analogue activities. For all levels.

### Performance Skills - Jenny Stevenson

One:one sessions offering a chance to develop your vocal and presentation skills towards public performance.

Pink Room

### Poetry and Creative Writing - Beyonder

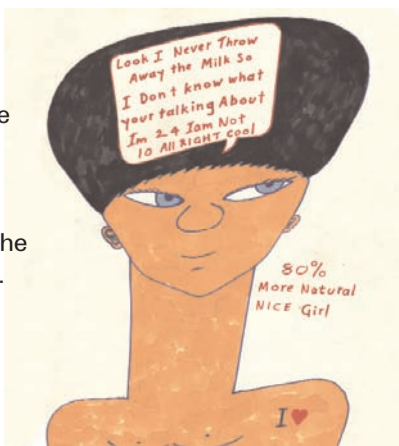
This session will enable you to explore your imagination and bring to life thoughts and themes about your life and the world around you through writing, speaking poetry and creative writing.

Pink Room

## CORE COUNCIL

# Have your say

Core Council meetings are held monthly (see posters for dates). They are a chance for members to contribute ideas, debate issues and discuss future developments at core. The timetable responds to what the members want...join in the chance to have your say.



## MEMBER SUPPORT

There are opportunities to access advice and guidance where you can review your progress and access courses or volunteer experiences in the wider community. To book a slot please see one of the staff in the office.