

# TUESDAY

# WEDNESDAY

# THURSDAY

## art

- 10am-12pm Open Art Studio [Art Studio](#)
- 11am-1pm Painting Techniques for Still Life [Art Studio](#)
- 12-3pm Intro to Art\* [Art Studio](#)
- 2-5pm Life Drawing\* [Hall](#)
- 4-6.30pm Developing Art Practice [Art Studio](#)



## art

- 10am-12pm Open Art Studio [Art Studio](#)
- 10am-1pm Exhibition Projects [Art Studio and workshop](#)
- 1-3pm Intermediary Oil Painting [Art Studio](#)
- 3-5pm Developing Personal Practice [Art Studio](#)

## art

- 10am-1pm Ceramics - Throwing\* [Pottery room - outside](#)
- 11am-1pm Botanical Drawing [Art Studio](#)
- 2-5pm Ceramics - Hand Building\* [Art Studio](#)
- 2-6.30pm Open Art Studio [Art Studio](#)
- 5-6.30pm Ceramics - Individual Work [Art Studio](#)

## music

- 10am-12pm Open Studio Jam [Studio 1](#)
- 11am-1pm Intro to Music Skills [Hall](#)
- 12-1pm Bookable Performing Skills [Studio 1](#)
- 1-2pm Bookable Performing Skills [Studio 1](#)
- 3-5pm Building a Band [Studio 1](#)
- 2-4.30pm Keyboard [Pink Room](#)
- 2-5pm MIDI Support [MIDI Suite](#)
- 5.30-6.45pm Core All Stars [Studio 1](#)

## music

- 10-11am Open Studio Jam [Studio 1](#)
- 10am-2pm Sound Production [Control Room and ICT suite](#)
- 12-2pm Bass One-on-One [Green Room](#)
- 11am-5pm MIDI Support [MIDI Suite](#)
- 2-5pm Roots Jam [Studio 2](#)
- 3-5pm Music Technology [ICT Suite](#)
- 3-5pm Guitar\* [Hall](#)

## music

- 10.00-11.30am Open Studio Jam [Studio 1](#)
- 11.30am-1.30pm Furthering Song Ideas [Studio 1](#)
- 1.30-3.30 Kit Drumming [Studio 2](#)
- 2-5pm MIDI Support [MIDI Suite](#)
- 2-3.30pm Popular Singing [Pink Room](#)
- 2.30-4pm Open Jam [Studio 1](#)
- 4-6pm African Drumming [Hall](#)
- 4.30-6.30pm Exploring Songs [Studio 1](#)



## multimedia

- 10am-12pm Film-making (volunteer supported) [Pink Room and ICT suite](#)
- 12-2pm Open Access [ICT suite](#)
- 3-5pm Developing Computer Skills (CfA/T) [ICT Suite](#)

## multimedia

- 10am-1pm Open Access [ICT suite](#)
- 10am-12pm Film Making [Pink Room and ICT suite](#)
- 1-3pm Poetry and Creative Writing [Pink Room](#)
- 3-5pm Digital Publishing [Pink Room](#)

## multimedia

- 10am-1pm Open Access [ICT suite](#)
- 1-3pm Photoshop [ICT Suite](#)
- 4-6pm Intro to Computer Skills\* [ICT suite](#)

# FRIDAY

## art

- 10am-1.30pm Printmaking\* [Art Studio](#)
- 11am-1pm Open Art Studio [Art Studio](#)
- 1.4.30pm Portrait Class [Art Studio](#)
- 2.30-5pm Printmaking [Art Studio](#)

## opening times

monday	Projects
tuesday	10am - 7pm
wednesday	10am - 5pm
thursday	10am - 7pm
friday	10am - 5pm

## music

- 11am-1pm Songwriting\* [Studio 1 or the Hall](#)
- 2-5pm Sound Design & Composition [Studio 1 or the Hall](#)
- 2-5pm Events [Studio 1 or the Hall](#)
- 2.30-5pm Music Technology [ICT Suite](#)

## terms

<b>AUTUMN TERM 2010</b>	
OPEN	Tues 17th August
CLOSED FOR HALF-TERM	Thurs 28th & Fri 29th October
LAST DAY	Fri 17th December
<b>WINTER TERM 2010/11</b>	
OPEN	Tues 4th January
CLOSED FOR HALF-TERM	Tues 22st & Wed 23rd February
LAST DAY	Fri 15th April
<b>SPRING TERM 2011</b>	
OPEN	Tuesday 26th April
CLOSED FOR HALF-TERM	Thurs 2nd & Fri 3rd June
LAST DAY	Fri 29th July

## multimedia

- 10.30am-12.30pm Developing Computer Skills [ICT Suite](#)
- 12.30-2.30pm Open Access



# timetable

AUGUST 2010

## Horticulture

Core Arts offers members training, work experience and volunteering opportunities in horticulture through its social enterprise Core Landscapes. Currently they run maintenance, landscaping and growing projects.

Courses marked with \* are funded by the learning trust



core arts exists to promote the artistic and creative abilities of people who experience severe and enduring mental health issues.  
1 St Barnabas Terrace, London E9 6DJ • tel: 020 8533 3500 • email: mail@corearts.co.uk  
www.corearts.co.uk • www.myspace.com/corearts • charity no: 1043588



## ART

### Open Art Studio - Volunteer supported

An open studio session where members can work on developing their own art pieces with support from volunteers

Art Studio

### Introduction to Art - Helen Bridges

This session will introduce you to the basics of all the art mediums and help you begin to develop your skills as an artist. You must come here first if you're new to Core Arts

Art Studio

### Developing Art Practice - Helen Bridges

In this session you will be able to examine your own art skills more closely and identify what you would like to work on through special themed projects.

Art Studio

### Exhibition Projects - Volunteer and Tutor supported

At various times during the year this space will be used for artist members to create work for exhibitions both at Core and spaces in the community. Look out for posters advertising the next exhibition we're working towards.

Art Studio

### Intermediary Oil Painting - Sadie Murdoch

In this session the tutor will lead you through the history and forms of oil painting. You will learn how to use the materials and tools to be able to use oils to respond to still life, transcriptions and portraiture. This class is open to all levels

Art Studio

### Developing Personal Practice - Sadie Murdoch

If you have already started to develop your practice as an artist this space will help you build your portfolio and identify what you can do to improve your skills and expand your potential to work as a professional artist

Art Studio

### Ceramics - Throwing - Rebecca Cresswell

A chance to experiment on the throwing wheels with ceramic clay to create pots, plates and bowls. This session is for people with some previous experience in ceramics.

Pottery room - outside

### Ceramics - Hand Building - Rebecca Cresswell

This is a session for beginners to advanced artists who want to work with different forms of ceramic clay to create ornaments, sculpture, plates, bowls and much more!

Art Studio

### Ceramics - Individual Work - Volunteer Supported

Members can develop their own pieces with support from a volunteer.

Art Studio

### Botanical Drawing - Sarah Hayward

The tutor will lead you through the techniques needed to draw, paint and sketch different plants and flowers. Through this session you will be able to develop your artistic skills and work with a skilled artist.

Art Studio

### Printmaking - Ryan McClelland

This session aims to develop the creative potential of each student through encouraging experimentation and improvisation, to advance the practise and understanding of all forms and combinations of print media.

Art Studio

### Portrait Class - Mark Clay

This class will develop your skills in portraiture through different art media. Focusing on a different model every few weeks you will learn how to produce a piece of art based on the sitting

Art Studio

### Special Projects - Massimo Nazzulo

Massimo will be introducing specialised techniques and tools to use in the art process during one off sessions which will take place at various points during the term, look out for posters!

Art Studio and workshop

### Painting techniques for still life - Ben Barbour

The tutor will lead you through the techniques needed to work with still life using different mediums. You will be able to develop your artistic skills and work at different levels to interpret what you see onto paper.

Art Studio

### Life Drawing - Ben Barbour

This introduces the participants to working with the human form through different art mediums and techniques. This is a class for all levels of participant.

Hall

## CORE COUNCIL

# Have your say

Core Council meetings are held monthly (see posters for dates). They are a chance for members to contribute ideas, debate issues and discuss future developments at core. The timetable responds to what the members want...join in the chance to have your say.



## MUSIC

### Introduction to Music - Robbie Knight

Introduction to music through song, percussion and keyboard - first point of contact if you're new to the Core Arts music department you must come to this session first!

Hall

### Open Studio Jam - Volunteer supported

An open studio session where you can join other members, drop by and play instruments together

Studio 1

### Keyboard - Robbie Knight

One on one keyboard lessons for beginners and intermediates

Pink Room

### Building a Band - Craig Shaw

Come and create music with other members and volunteers, play your own songs and rehearse for gigs and events. This is for the more experienced musician.

Studio 1

### Bookable Performance Skills - Craig Shaw and Chris Greene

For the more experienced musicians and songwriters - come and book a session in the studio to play your choice of songs

Studio 1

### Core All Stars - Craig Shaw and Chris Greene

An open jam session for everyone to come and have a go!

Studio 1

### Kit Drumming - Paul Brett

One on one kit drumming lessons for beginners and intermediates

Studio 2

### Sound Production - Harry Devenish

Post-production workshop developing your skills in editing, producing and recording your music

Control Room and ICT suite

### Guitar - Chris Cook

This is a group class where you can start as a beginner and develop your skills as a guitarist, alternatively if you are more advanced, come and have a jam, we explore a different song every week!

Hall

### Music technology (beginners) - Jono Trott

Produce and compose your own music using the computers in the ICT Suite. N.B. Must have computer skills to do this course

ICT Suite

### Music technology (advanced) - Harry Devenish

This is a more advanced Logic course for those who have more experience. This will advance your producing and songwriting skills and help you create new music in the ICT suite.

ICT Suite

### MIDI support

In this session you can work one on one in the MIDI suite to record, produce and compose your own tracks with the assistance of a volunteer. Look at the sheet on the MIDI room door for time slots N.B. you must be able to use a computer to access this time

MIDI Suite

### Exploring songs - Lorraine Hayward

This session in the studio will help you explore songs other professional musicians have written. These will be explored through rehearsal and jamming helping you improve your ability to write and play songs with other musicians.

Studio 1

### Open Jam - Lorraine Hayward

An open session for members to drop in and play with each other and experienced musicians, come along and have some fun making music with other like minded souls!

Studio 1

### Furthering Song Ideas - Lorraine Hayward

Drop in and bring your own tunes and work on them to create a hit song! The tutor and volunteer will help you rehearse and perform with other members

Studio 1

### Popular Singing - Gary Felts

Do you enjoy singing? Do you want to learn some new tunes? This is a relaxed session where you can sing your heart out with other members and volunteers.

Pink Room

### Songwriting - Gareth Mitchell

In this session you can learn how to construct and write music as well as write lyrics for your songs. You will also have an opportunity to experiment with creating sound scapes and instillations.

Studio 1 or the hall

### Sound Design & Composition - Gareth Mitchell

The tutor will use different types of instruments and tools to help you build compositions and pieces of music in response to different ideas and stimulus.

This session is ideal for those who have no musical experience.

Studio 1 or the hall

### African Drumming - Paul Brett

Come and play the djembe drums and have some fun making rhythms and beats in a group setting. This session may lead towards performances and working in the studio.

Hall

### Roots Jam - Craig Shaw

An open jam session, exploring the roots of different music traditions through improvisation and experimenting with old and new songs.

Studio 2

### Events - Pete Bennett

In this session members will work with staff to prepare and rehearse for internal and external events and gigs.

Hall or Pink Room

### Bass One-on-One - Neale Muldowney

A tutor will lead you through the basic elements of bass guitar playing and help you learn to play well enough to join in a jam session!

Green Room

## CORE EVENTS

As well as the classes and workshops outlined in the current timetable be sure to look out for any new workshops that may be running or changes to the usual schedule. These are posted on notice boards around the building and are announced at the Core Council meetings. Events include:

- Gigs and events at Core every 1st Friday of the month
- Crazy Catz + Dogs Club
- Film Club, every 2nd Thursday of the month
- Cinema Club, trips to the IMAX and local cinema
- Trips to galleries and museums
- + much much more



We run tours of the centre once a week please contact [esmith@corearts.co.uk](mailto:esmith@corearts.co.uk) to book a place on the tour or phone 020 8533 3500.

## MULTI-MEDIA

### Film-making - Alex Keefe and Tom Hope

Learn how to make films and videos, using basic editing and filming techniques!

Pink Room and ICT suite

### Open Access - Volunteer supported

The ICT room will be open for you to work on your own projects or use the internet

ICT suite

### Developing Computer Skills (CLaIT) - Kim Bennett

This class will lead you from the basics to more developed computer skills, giving you the opportunity to take an accredited computer course, (CLaIT). This will also be a place for members to online publish their work

ICT Suite

### Photoshop - Kate Forrest

A session to develop your skills as a photographer and image maker. This class will show you how to take photos and then how to manipulate your images and other pictures using Photoshop applications.

N.B. Must have computer skills to do this course

ICT Suite

### Introduction to Computer Skills - Kate Forrest

This is a compulsory class for people who haven't used a computer before and want to learn how! This class will show you the basics so that you can move onto more advanced classes in computing or use your skills in digital publishing or music.

ICT suite

### Digital Publishing - Jan Noble

Do you have something to say and want to share it with others? Perhaps art work which needs up loading to a website, or poems you want to post onto facebook? This session will help you begin to explore these possibilities.

Pink Room and ICT suite

### Poetry and Creative Writing - Jan Noble

This session will enable you to explore your imagination and bring to life thoughts and themes about your life and the world around you through writing, speaking poetry and creative writing.

Pink Room

## MEMBER SUPPORT

Every Thursday from 10am-12pm there is a member support session in the office for members who would like to review their progress and discuss options for involvement in the wider community. To book a slot please see Emily Smith or Beth Hill.